

ARBOR

A LA CARTE BREAKFAST

Coconut set Chia and Quinoa Porridge	\$11.90	French Toast	\$15.90
With seasonal fruit and toasted candied coconut. Vegan, GF		Nutella brioche sandwich topped with bananas, strawberries, vanilla anglaise chocolate drizzle and hazelnut praline.	
Traditional Porridge	\$11.90	Big Breakfast	\$17.90
With apple and cinnamon compote		Poached, fried or scrambled eggs served with bacon, mushrooms, grilled tomatoes and hash browns on sourdough toast.	
Bircher Muesli	\$11.90	Hot Smoked Trout	\$17.90
With poached pear bio dynamic vanilla yogurt and toasted almonds.		With potato rosti, tomato, sliced fennel, capers, cornichon's poached eggs and a light mustard mayonnaise.	
Eggs Benedict	\$15.00	Free Range Eggs any style	\$8.00
Smoked ham hock with poached eggs, hollandaise sauce on sourdough toast.		Poached, fried or scrambled served on sourdough toast	
Vegetarian with Spinach	\$14.00	Choice of sourdough white, rye, multigrain, and gluten free.	
Smoked Salmon	\$16.00		
Smashed Avocado	\$16.00		
Marinated feta, avocado, cherry tomatoes, poached eggs, rocket and balsamic glaze on sourdough toast.			
Veggie Stack	\$16.00		
Wilted kale, sautéed mushrooms, cherry tomatoes, avocado, hummus, dukkha spiced and poached eggs on sourdough toast.			
Hot Cakes	\$15.90		
Lemon blueberry and ricotta pancakes served with seasonal berries, vanilla bean ice cream and maple syrup.			

BREAKFAST EXTRAS

Sides

Bacon	\$4.00
Avocado	\$3.50
Grilled Tomatoes	\$3.00
Smoked Salmon	\$4.00
Sautéed Mushrooms	\$3.50
Hash Browns	\$3.00
Sautéed Buttered Spinach	\$3.00

SERVED 7.00AM-11.00AM

CHECK OUT THE CABINET FOR OTHER BREAKFAST ITEMS AND DAILY SPECIALS

ARBOR

A LA CARTE LUNCH

Prawn Linguine \$18.00

King prawns pan fried with olive oil, garlic, cherry tomatoes chilli, lemon and rocket.

Greek Lamb Salad \$18.00

Marinated lamb back straps grilled and served on a Greek salad with tzatziki.

Vietnamese Chicken Salad \$16.00

Glass noodles, poached lemongrass chicken, pickled cucumber, carrot, bean shoots fresh coriander, Vietnamese mint, crus and nuoc mam.

Minute Steak \$18.00

Grilled and served with red wine and mustard jus with Italian potatoes and broccolini.

Salmon Fillet \$18.00

Grilled and served on cauliflower puree with rocket, fennel and pomegranate salad.

Wiener Schnitzel \$18.00

Parmesan and herb crumbed veal pan fried and served with a rocket and shaved pecorino salad French Fries.

COFFEE, TEA, SMOOTHIES, SHAKES & MORE

SMALL \$3.50 / LARGE \$4.00 / JUMBO \$4.50

House Blend Coffee - South American

Single Origin + .50C

Short Black/Machiato \$3.20

Long Black/Machiato \$3.80

Filtered Coffee \$3.80

Cold Drip \$3.80

Hot Chocolate \$3.80

Chai Latte \$3.80

Japanese Matcha \$4.00

Mocha \$4.00

Soy Milk, Almond Milk, Coconut Milk,
Lactose Free + .50C

Tea Drop (Assorted Selection)

Tea Take Away Large Cup \$3.50

Tea Pot For One \$4.00

Milkshakes \$5.00

Strawberry/Banana/Blue Haven

Ice Coffee/Chocolate/Mocha

With Ice Cream.

Smoothies \$7.00

Fresh Fruit Yogurt Or Ice Cream

Banana/Mango/Mixed Berry/

Strawberry.

*SEE FRIDGE FOR OTHER DRINKS

SERVED 12.00PM-2.30PM

SEASONAL CHANGING MENU CHECK BOARD FOR DAILY SPECIALS